

ACCESS

Sunday Planning Lodge Grampia:

This is a head office of Sunday Planning at the lakeside of Nojiri. Not only you can stay for a night at our lodge but also you can enjoy our various outdoor activities such as kayaking, SANSAI (edible wild plant) picking, mushroom hunting, cross-country ski hiking, snowshoes hiking, telemark skiing, alpine skiing and more.

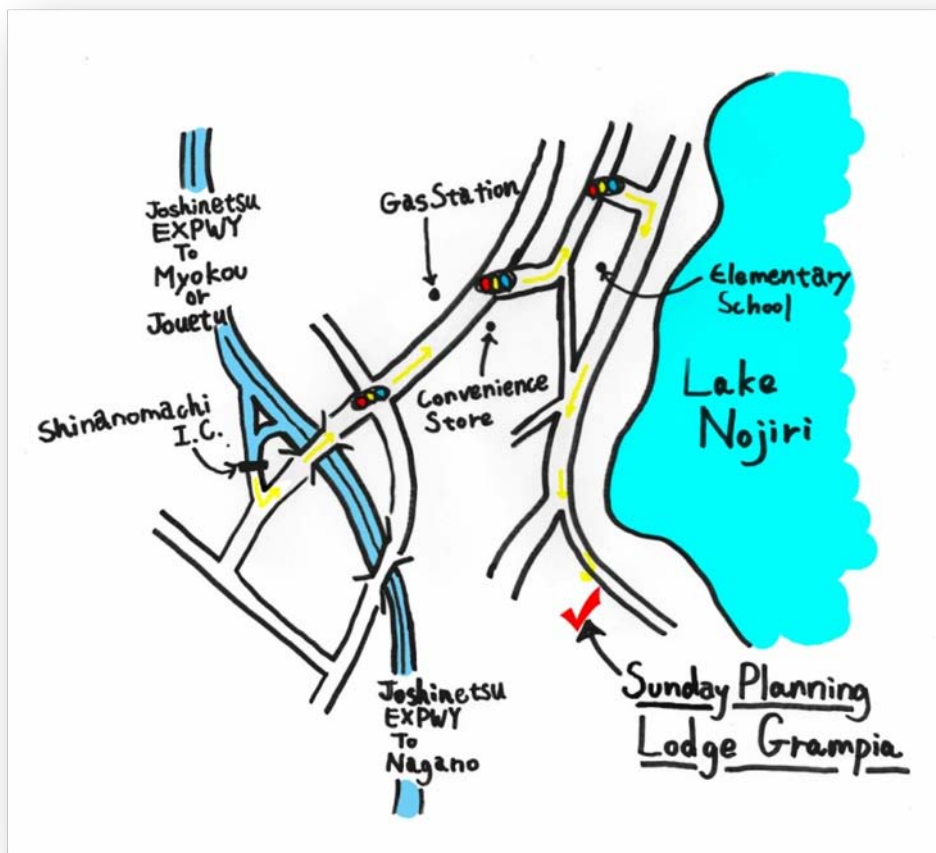


Address: 379-2, Nojiri, Shinanomachi, Kamiminouchi-gun, Nagano, Japan
TEL: 026-258-2978

By Car: 5min from Shinanomachi IC on Joshinetsu EXPWY

By Train: Get off the train at Kurohime Station 30min from Nagano Station on JR Shinetsu Line.

*Courtesy bus is available between Kurohime Station and Lodge Grampia as requested in advance. You can also take a taxi from Kurohime Station with ¥1500 in average.



*copy this address(〒389-1303 長野県上水内郡信濃町野尻 379-2) and paste it on Google Map if necessary.

River Base at River Sai :

This is a branch office of Sunday Planning at the riverside of Sai. You can join us for our rafting course here. In front of our River Base, there is inn Sagirisou where you can enjoy hot spring spa and mutton barbecue lunch after rafting. The Sagirisou is good landmark for you to come to our River Base.



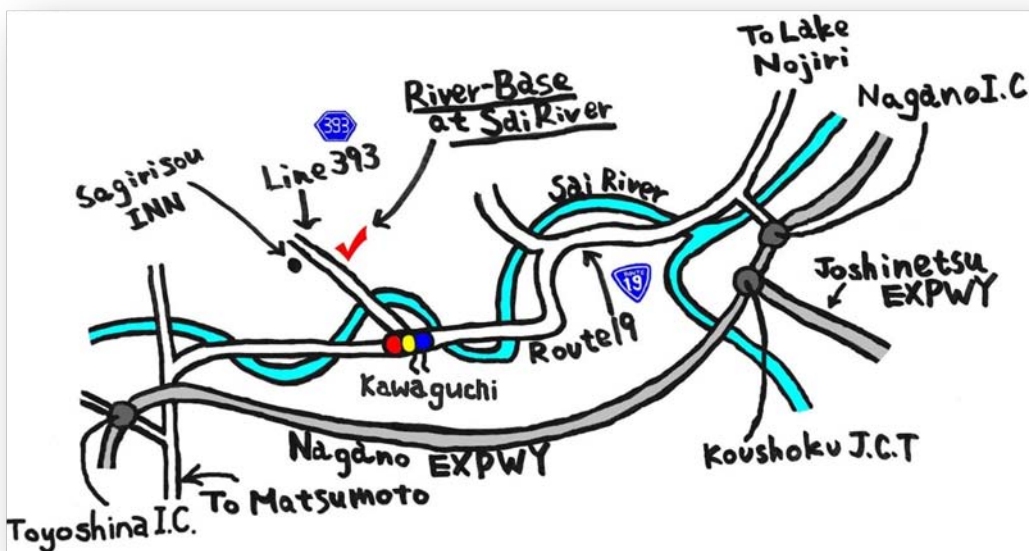
Address: 300-1, Hiharanishi, Shinshushinmachi,
Kamiminochi-gun, Nagano, Japan
TEL:026-258-2978(SundayPlanningLodgeGrampia)

By Car

30min from Nagano IC on Joshinetsu EXPWY

40min from Toyosina IC on Nagano EXPWY

Go along the "Route19" and turn to the "prefectural road 393" at the light of Kawaguchi crossroad.



*copy this address(〒381-2423 長野県上水内郡信州新町大字日原西 300-1) and paste on Google Map if necessary.